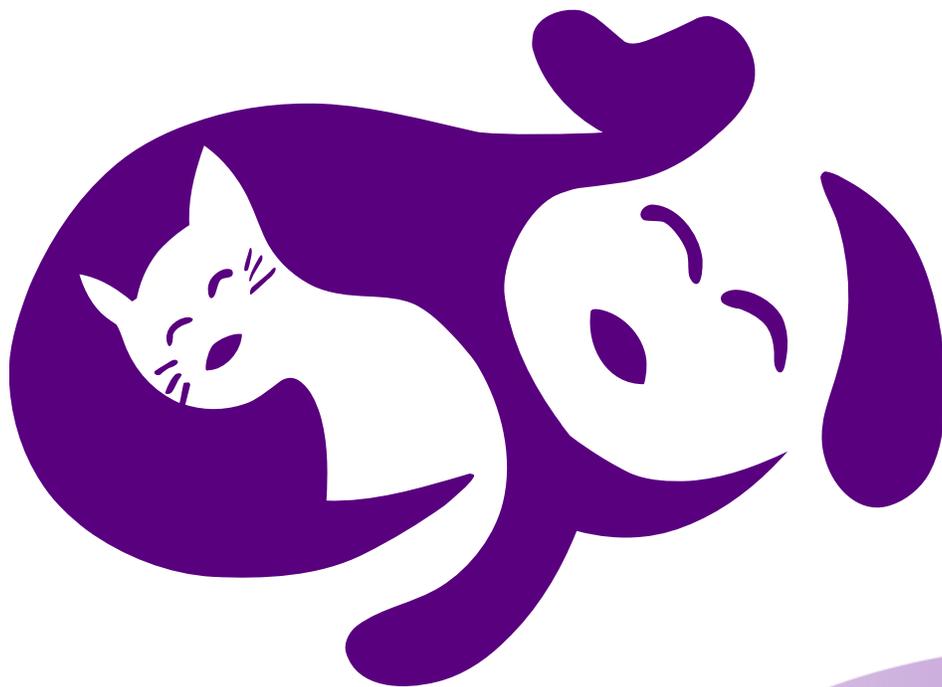




BRIGHTHAVEN MENU FOR HEALING



BrightHaven Menu for Healing

Please consult your vet before making any changes to your animal's healthcare regimen.

BrightHaven is unique for the work we do and the results we get. Our **Menu for Healing**, which is the foundation of our work, focuses on the best quality of life at all stages. The goal is to achieve optimal balance of body, mind and spirit.

BrightHaven recipe for balance of body, mind and spirit from youth through the autumn years:

- 🐾 LOVE
- 🐾 DIET – RAW MEAT BASED, FULLY SUPPLEMENTED
- 🐾 DIAGNOSTICS
- CLASSICAL VETERINARY
- 🐾 HOMEOPATHY FOR CARE AT ALL LIFE STAGES
- 🐾 ALTERNATIVE VACCINATION PROTOCOL / TITERS
- IMMUNE AND ORGAN SUPPORT,
- 🐾 REIKI AND OTHER COMPLEMENTARY THERAPIES
- 🐾 INTUITION
- 🐾 NATURAL PATH TO DEATH
- 🐾 LOVE

BrightHaven recipe for balance of body, mind and spirit during holistic hospice care:

- 🐾 LOVE
- 🐾 A CHANGING DIET, DEPENDING ON WHAT ANIMAL WILL EAT
- 🐾 DIAGNOSTICS—LIKELY NOT NEEDED
- CLASSICAL
- 🐾 VETERINARY HOMEOPATHY FOR CARE AT ALL LIFE STAGES
- 🐾 NO VACCINES OR TITERS NEEDED
- 🐾 IMMUNE AND ORGAN SUPPORT (GRADUALLY PHASING OUT)
- 🐾 REIKI AND OTHER COMPLEMENTARY THERAPIES
- 🐾 INTUITION
- 🐾 NATURAL PATH TO DEATH
- 🐾 LOVE

LOVE

Our Menu for Healing is also affectionately known as “*The Love Sandwich*” because, as you can see, our list begins and ends with love. Its tremendous healing power can never be overstated!

At BrightHaven, we believe that **love** is such an essential, transformative and powerful healing force, we celebrate it each and every day! The unquestionable understanding of the importance of love to living a full life is but one example of the deep wisdom shared with us by our beloved animal teachers over the years.



Beaugard cuddling Joey



It's feeding time!

DIET – RAW MEAT BASED, FULLY SUPPLEMENTED

Feeding an appropriate diet is one of the best ways to maximize an animal's health and wellbeing, as food provides the body with its primary energy and nutritional source.

Every single feline and canine resident at BrightHaven, regardless of age or physical condition, is fed this diet. We've seen that even the oldest animals show a remarkable improvement when switched from a conventional method of feeding to our natural menu.

ANOTHER IMPORTANT CONSIDERATION:

Older or sick animals must transition very slowly to any new diet and also elders or those closer to the end of life may need some treat food to help them get to know and eat their new food.

DURING HOLISTIC HOSPICE CARE:

Diet may change, depending on what the animal will eat. It's normal for appetites to wax and wane, changing from one meal to the next.

DIAGNOSTICS

We run routine blood panels—probably more often than most as we endeavor to check homeopathic remedy responses and progress. We also perform very regular urinalyses for our paraplegic animals. Other less often performed diagnostic work is the occasional fecal check or tissue analysis.



Lily getting her glucose level checked

Due to the fragility of our hospice patients we rarely run more detailed diagnostics that would involve taking them away from their home, preferring to make contact with mobile veterinarians who are able to come to the patient if necessary to perhaps perform an ultrasound.

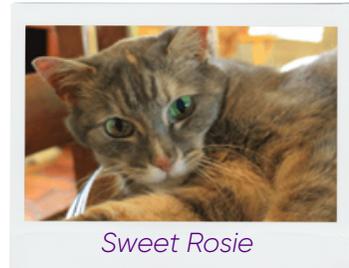
DURING HOLISTIC HOSPICE CARE:

Diagnostics are likely not needed as focus is on **comfort care**, not cure.



CLASSICAL VETERINARY HOMEOPATHY FOR CARE AT ALL LIFE STAGES

BrightHaven has seen astonishing results in our animals over the years and when one looks at our track record of animals' health and longevity, one may wish to remain open to this method of care.



Meaning of Holistic vs. Homeopathy

Before talking more about this fascinating subject, it's important to understand that homeopathy is a holistic modality. Oftentimes people get confused between the two words, thinking they mean exactly the same thing.

Holistic medicine treats the entire being: body, mind, emotions and spirit. "Dis-ease" denotes an "out of ease" or unbalanced state. Often, holistic approaches can detect problems at the dis-ease state and correct the imbalance before serious illness sets in.

Homeopathy

Basically **homeopathy** is a form of holistic medicine used by over 200 million people worldwide to treat both acute and chronic conditions. It is based on the principle of "like cures like." In other words, a substance taken in small amounts will cure the same symptoms it causes if that same substance was taken in large amounts.

Homeopathy is a complete system of medicine that involves treating the individual, animal or human, with highly diluted substances, given either in tablet or liquid form, with the aim of triggering the body's natural system of healing. Based on each patient's very specific symptoms as well as health history, a homeopath will match the most appropriate medicine for body, mind, emotions and spirit.

ALTERNATIVE VACCINATION PROTOCOL OR TITERS

Vaccinations have been linked to many side effects including lower energy, dull fur and eyes, dirty ears, thirst and appetite changes as well as some emotional issues. They can also result in higher kidney and liver values, tumors, asthma, skin and ear problems as well as frequent upper respiratory illness.

A **titer test** is a measure of antibodies in the blood, providing a check of disease immunity, rather than relying solely on a predetermined schedule to determine if a particular vaccination is required or not.



DURING HOLISTIC HOSPICE CARE:

No vaccines or titers needed. In fact, vaccines may stress an already compromised immune system.



IMMUNE AND ORGAN SUPPORT, REIKI AND OTHER COMPLEMENTARY THERAPIES

BrightHaven regularly utilizes many different supportive therapies. Here are just a few:

Immune and Organ Support

Providing our animals with immune and organ support are top priorities for BrightHaven. The **immune system**, which comprises organs, special cells and substances, helps protect from bacteria, germs, parasites, infections and diseases. It is truly the body's defense force. It keeps track of normal body substances and raises an attack when it encounters an antigen, or anything unknown to it.



Lali lapping up immune support

Organ support clearly goes hand in hand with immune support and is most important to address in chronic illness.

DURING HOLISTIC HOSPICE CARE:

Gradually phased out as the body no longer needs them.

Subcutaneous (SubQ) Fluids

Many years ago we learned that **dehydration** is a common problem in cats or dogs as they grow older, and most especially in cats with chronic kidney disease. To help control dehydration we began treating many of our animals with fluids that we were able to give under the skin with a small needle at home.

We noticed very quickly how beneficial this treatment was for our old timers and how revitalized they felt afterwards and so most were given supportive subcutaneous fluid therapy on a rotating basis, many every day unless our vet found them to have heart problems or a health issue which might preclude fluid administration.

GRADUAL PHASING OUT OF FLUIDS MAY TAKE PLACE AT TOWARDS OF LIFE DEPENDING ON YOUR VET'S RECOMMENDATION.

Hemp or Cannabis

Hemp is a recent addition to our Menu for Healing as we've seen many improvements in our animals since they've been trying out various products:

- Lessened joint discomfort associated with normal daily exercise and activity
- Increased energy and a healthy new brightness
- Healthier digestion and stools
- Improved neurological function
- Enhanced immune system support
- Heightened "end of life" comfort and sense of wellbeing



Feng Shui

Feng shui in Chinese tradition is a system where the practitioner works with the art of placement and balance in the home or office in relation to the flow of life force energy.

AT BRIGHTHAVEN, WE LOOK TO FENG SHUI TO HELP US CREATE A PEACEFUL, ENERGETICALLY BALANCED ENVIRONMENT FOR OUR ANIMALS AND HUMANS.



Harley the hog sharing Reiki with Kathleen Prasad of Animal Reiki Source

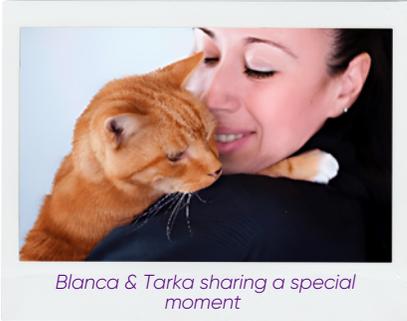
Reiki

Since **Kathleen Prasad** of **Animal Reiki Source** introduced animal Reiki to BrightHaven in 2004, this gentle, healing practice has become an integral part of our daily life and often plays a critical role in nearly every aspect of our Menu for Healing.

Reiki is essentially meditating with your animals. But in a broader sense, Reiki is a spiritual system cultivating a compassionate intention, which in turn may bring about healing transformation.

INTUITION

Our animals have taught us to allow intuition to be our guide, whether our own or the **intuitive skills** of a practitioner, particularly towards the end of life. We rely on symptoms to guide us and homeopathy and supportive therapies to heal. **Intuition** also enables the animal to impart to us how they feel and what they wish for or what would make them feel better.



Blanca & Tarka sharing a special moment

We also rely on medical intuition to describe what'shappening within the patient, and we often call upon amazing animal intuitive **July Berrin**, founder of **The Temple Cat** (thetemplecat.uno). She has been of tremendous assistance to us in helping us to better understand what an animal is experiencing.

NATURAL PATH TO DEATH

BrightHaven's Guiding Statement on Animal Hospice & Natural Death:



Nothing is better than a raw meat snack!

"When an animal enters hospice care at BrightHaven , our expectation is that the animal will have a painless, loving, peaceful journey followed by a painless, loving, peaceful & natural death.

If a place is reached during that journey where the caregiver, the veterinarian and the animal believe that the animal is in need of critical assistance, then euthanasia will be used."



BRIGHHAVEN HAS SUPPORTED OVER 600 ANIMALS THROUGH THE DYING PROCESS AND EUTHANIZED ONLY 20 OVER THE YEARS – THE LAST EUTHANASIA WAS ABOUT 180 DEATHS AGO, WITH THE EXCEPTION OF DAISY THE HORSE IN JULY 2015.

LOVE

It's all about **love!**

" Love is life. And if you miss love, you miss life. "

-Leo Buscaglia



Pepito grooming Sylvie

FOR MORE INFORMATION

If you'd like more detailed information to help you to navigate a terminal diagnosis, including choosing care options and making the right decision for your unique situation:

BOOKLET:

FOLLOW YOUR HEART: NAVIGATING A TERMINAL DIAGNOSIS

written by BrightHaven President and Founder by Gail Pope

available on Amazon at <https://amzn.to/2YxnXCz>

If you purchase this booklet via <https://smile.amazon.com> and select BrightHaven as your favorite charitable organization, Amazon will donate a percentage of the sale price to BrightHaven, which will help us help more animals and the people who love them!

ONLINE COURSE:

BRIGHHAVEN HOLISTIC ANIMAL HOSPICE: NAVIGATING A TERMINAL DIAGNOSIS

available at <http://bit.ly/bright-online-learning>

BOOK A CONSULTATION:

Have questions about how BrightHaven's holistic healing or animal hospice care approaches can help your animal? Wish to discuss end-of-life options with someone both experienced and compassionate? Book a consultation with us via www.brightpathforpets.com/pet-consultation-services.html

ABOUT BRIGHHAVEN CAREGIVER ACADEMY

The BrightHaven Caregiver Academy is a pioneering platform dedicated to supporting pet parents through the journey of caring for animals with life-changing diagnoses whether they are difficult, chronic or terminal. At BCA, we specialize in offering comprehensive guidance for pet owners navigating the complexities of senior pet care, sensory loss (vision, hearing, mobility, or cognitive decline), palliative and hospice care, and the grieving process. We are dedicated to providing peace of mind for pet parents as they care for their beloved aging and ill animals.